



Your Guide to Cosmetic Dentistry at Newtown Dentistry





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Introduction

Do you not feel confident with your smile? Are you reluctant to show your teeth because they are crooked, stained, or unhealthy?

Many patients come to Newtown Dentistry in search of a bright, healthy smile. After all, study after study shows that straight, white teeth are a sign of overall good health and attractiveness. Not to mention, a beautiful smile can give you a confidence boost and even make you look younger.

We understand. [The cosmetic dentists at Newtown Dentistry](#) are committed to helping you transform your smile. We provide an array of cosmetic dentistry options to help correct the alignment, color, and shape of your teeth to achieve the smile you deserve. And, at Newtown Dentistry, you can count on receiving your cosmetic dental care in the same inviting, relaxing environment where you get your general dental care—there's no need to make appointments at multiple offices or see more than one specialist.

Giving every member of your family the highest-quality cosmetic dentistry is our top priority and we want your experience to be as pleasant and comfortable as possible. To help you reach that goal, we've prepared this guide to some of our most common cosmetic dentistry procedures.

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Orthodontics

[Orthodontics for adults and children](#) correct tooth alignment. Your teeth may be crowded or crooked, or your bite may be “bad,” meaning that your upper and lower jaws don’t meet correctly. This misalignment can affect everything from your appearance to your speech, and can even affect your overall oral health. Correcting these problems can give you a straighter, more attractive smile.

Some of the issues orthodontics can correct include:

- Large gaps between teeth
- Overcrowding of teeth
- Overbites
- Underbites
- Overlapping teeth

The orthodontists at Newtown Dentistry provide both traditional braces and clear aligners.

[Traditional braces](#) realign your teeth using pressure. Metal brackets are secured to your teeth and connected by wires that are tightened periodically during office visits to move your teeth into place.

Traditional braces are often the best choice for children, because they cannot be removed and they work well for severe misalignment. If your teeth are rotated, or you have a bite misalignment (malocclusion) caused by underlying issues with your jawbone, then traditional braces, which apply more force to your teeth, are usually the best option.

[Clear aligners](#) straighten teeth using a series of customized clear aligners. Switching to a new aligner every two weeks moves your teeth incrementally. Adults often prefer the flexibility of these aligners, which can be removed to eat and drink. Newtown offers Invisalign® and 3M Clarity Aligners to help correct teeth and jaw misalignment. They typically work best for teeth that are only slightly crooked or only need a minor adjustment to look straighter.

Our orthodontists offer individual, complimentary consultations to determine the best orthodontic treatment option and develop a custom personalized treatment plan. And because we understand busy schedules, we'll do our best to schedule dental and orthodontic appointments during a single visit, making it simple and convenient to receive all of your oral health care under the same roof.





Teeth Whitening

[Teeth whitening](#) is one of the most popular cosmetic dentistry procedures. In fact, the American Association of Orthodontists reports that 90% of patients inquire about teeth whitening.

There's a good reason that the cosmetic dentists at Newtown Dentistry have so many patients seeking teeth whitening treatments. When your teeth are white and bright, you can look younger and healthier. White teeth can also help

you feel more confident and willing to show off your smile.

Professional teeth whitening at Newtown Dental can help remove stains caused by smoking, diet, and the normal process of aging. The treatment is more effective than over-the-counter whitening strips, whitening toothpaste, or other at-home options. Home whitening treatments may only whiten your teeth a few shades, and even then, only remove surface stains.

BEFORE



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“When your teeth are white and bright, you can **look younger and healthier.**

White teeth can also help you feel more confident and willing to **show off your smile.**”

For the best results and reduced risk of damage to your teeth, Newtown Dentistry offers the Sheer White System. This effective whitening system is faster than other teeth whitening options, as it doesn't require multiple office visits, LED lights, or complex combinations of bleaches and whitening gels.

Sheer White uses whitening strips rather than trays or molds. During an office visit, your Newtown dentist applies the strips directly to your teeth—a process that only takes one minute or less. You remove the strips after 30 minutes, and that's it! Your teeth will be instantly up to three shades lighter. Some patients opt for two treatments in the office, or they take home a whitening kit. In fact, we often recommend that patients take a kit home after their in-office whitening, for more dramatic results.



Veneers and Bonding

If your teeth are healthy, but you aren't happy with their appearance, you have options to give them a whole new look.

Dental Veneers

If your teeth are discolored, shaped irregularly, too small or large, or chipped or cracked, **dental veneers** can create a more perfect appearance. Veneers may be an alternative to braces or dentures and are designed for use when the only issues are cosmetic.

Dental veneers are thin shells made from a dental composite or porcelain that cover the surface of your teeth. They are permanently attached to the existing tooth surface, changing the appearance of one or more teeth.

A cosmetic dentist at Newtown Dentistry will determine whether you're a good candidate for veneers based on your oral health and your goals. During a consultation, you'll discuss how you want to change

the appearance of your smile, and explore different options on how to achieve that goal.

The application process begins by removing a small amount of tooth enamel from the surface of the tooth (or teeth) being covered. The amount removed equals the thickness of the veneer that will be applied. Your dentist then takes impressions of your teeth, which are used to manufacture the veneers. This can take up to four weeks, during which time you will wear temporary veneers.

Once the veneers have arrived, your dentist will shape them and adjust the color to ensure a perfect fit and appearance. Your teeth will be cleaned and polished, and the veneers bonded permanently.

PROS OF VENEERS:

- Natural appearance.
- They are permanent.
- Stronger and more natural-looking than crowns.
- Color can be adjusted for whiter teeth.
- Porcelain veneers are stain-resistant.
- Unlikely to irritate gums.

CONS OF VENEERS:

- They are permanent.
- Veneers can only be applied to healthy teeth. They are not suitable for weak teeth or teeth that have lost enamel.
- Cannot be repaired if chipped or broken; they can only be replaced.
- Some people experience increased tooth sensitivity.

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Bonding

Cosmetic dentistry at Newtown Dentistry isn't just for patients who want to completely revamp their smiles. If you have a broken or chipped tooth, a tooth that's slightly shorter than others, a discolored tooth, or a small gap, dental bonding may be a solution.

Tooth bonding starts by roughing the tooth surface, which helps the composite resin adhere better. The resin is mixed to match your tooth color and applied to the damaged areas. Your dentist will smooth and shape the resin to match the rest of the teeth, then use a UV light to harden the finish.

PROS OF BONDING:

- Simple, outpatient procedure that requires a single office visit.
- No grinding or removal of tooth enamel is necessary.
- Composite resin can be repaired if it cracks or breaks.
- Is more durable than crowns and veneers.

CONS OF BONDING:

- Can only be used on one or two teeth.
- Vulnerable to stains.
- Composite resin cannot be whitened.
- Excessive chewing of ice, hard candy, pens, etc., can damage bonds.

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See a Cosmetic Dentist at Newtown Dentistry

If you have concerns about the appearance of your teeth, talk with a cosmetic dentist at Newtown Dentistry about your options. You can also schedule a complimentary orthodontic consultation. During this appointment, you'll receive:

- Full tour of our office
- Complimentary X-rays
- Thorough exam by one of our orthodontists
- Complete overview of recommended treatment

- Helpful guidance on orthodontic treatment payment plans and options

You don't have to hide your smile. We can help you achieve the smile you've always wanted with personalized cosmetic dentistry in Newtown's comfortable, family-focused environment.

[Click here to make your appointment](#) today, or call (215) 774-5496 anytime.